

Continenace
Health
Australia

BINS4
Blokes

Support Men and Boys with Incontinence:

Your Step-by-Step Guide to
Installing Bins in Public Toilets

STEP 1

Review your toilet facilities

- **Check current bin locations**
Are bins in female toilets or baby change areas?
- **Understand bin types and services**
What bins are used (eg sanitary, nappy)?
What agreements are in place with your
hygiene provider?

STEP 2

Plan for installation

- **Find out where incontinence bins are needed**
Aim for at least one bin in a cubicle at every
male public toilet site
- **Choose accessible locations**
Make sure bins are discreet, easy to access,
easy to service
- **Decide how many bins you will need**
Base this on foot traffic and the size of the facility



Why become a BINS4Blokes Supporter?

Create inclusive, supportive public spaces

Promote dignity for 2.4 million
Australian males with incontinence

Encourage help seeking through the
National Continence Helpline 1800 33 00 66

Support a practical, simple change that
improves men's wellbeing



[BINS4Blokes.org.au](https://bins4blokes.org.au) | info@bins4blokes.org.au

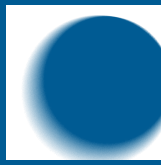
Call the National Continence Helpline 1800 33 00 66
for free, confidential advice and support.

National Public Toilet Map toiletmap.gov.au



Australian Government

Department of Health,
Disability and Ageing



Step 3

Talk to your bin provider

- Do they provide incontinence bins for male toilets?
- **Request larger bins**
Standard bins may be too small; ask for 42L bins
- **Ensure clear labelling**
Bins should be marked “for incontinence product use”
- **Check bin servicing frequency**
Can this be included in your current contract?

Step 4

Understand the costs

- **Costs may vary** by provider, bin size, and servicing frequency
- **General guide:**
 - 42L bin serviced weekly: \$20–\$25 per service
 - Annual cost \$1,040–\$1,300 per bin
- **Need a service provider?**
Visit bins4blokes.org.au or search online

Step 5

Promote and inform

- **Raise awareness**
Use free resources available on the BINS4Blokes website:
 - Download posters to display outside toilet facilities
 - Order free stickers and place them discreetly on the outside of toilet doors email info@BINS4Blokes.org.au to order stickers
- **Share your support**
 - Promote through social media, local news, and your organisation website
 - Use newsletters and media templates available on the BINS4Blokes website

Final – But vital – steps

- 1 Register as a BINS4Blokes supporter**
Get recognised on the BINS4Blokes website
- 2 Record bin location**
Add your incontinence product disposal bin to the Australian Government funded **National Public Toilet Map** to help men with incontinence find the bins
- 3 Use the tip sheet**
Download the handy National Public Toilet Map tip sheet from the BINS4Blokes website

